



MOAB YOUTH COUNCIL

Seekhaven is excited to introduce Moab Youth Council, a group designed to empower Moab's young residents to become healthy young adults and active leaders in their community.

- Seekhaven will be hosting three Moab Youth Council groups for students in 7th through 12th grades. Each group will meet weekly after school for 90 minutes beginning in February through the end of the school year.
- Moab Youth Council meetings will be facilitated by a trained Seekhaven staff member. Conversation will be focused on personal empowerment, healthy relationships, and community engagement. Participants will get the opportunity to work with local community leaders, serve as peer educators, and engage in youth led service projects.

Moab Youth Council will utilize Wyman's Teen Outreach Program (TOP) curriculum, an evidenced-based social-emotional learning program designed to meet the developmental needs of middle and high school students.

- TOP has been successfully across the state of Utah as well as nationwide in school and community settings with diverse populations of young people.
- Rigorous evaluation has demonstrated TOP's success in lowering the likelihood of teen pregnancy, risky sexual behavior, course failure, school suspension, and skipping school.
- The program uses a Positive Youth Development approach that seeks to provide youth with a safe dedicated space for youth empowerment where young people can be actively engaged in their own development. Furthermore, the program aims to build young people's connections with each other, with caring adults, and with their communities.
- TOP curriculum includes optional lessons on age-appropriate medically accurate sexual health information that teens may participate in with parental consent.

Moab Youth Council will meet weekly in the Seekhaven Chapel from 3:30 - 5:00 pm. Snacks will be provided! Enrollment is free, however space is limited.

Monday 7th - 8th

Wednesday 9th - 10th

Thursday 11th - 12th

** If a student cannot make the correct day, please contact us and we will do our best to accommodate!

For more information and to register, reach out to our Prevention Coordinator or go to **seekhaven.org/youthcouncil**.

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Seekhaven

TOP Teen
Outreach
Program®
W Y M A N